



## Farm Stay Information

### Location

Allegheny Mountain Institute's home is located in Highland County, Virginia. The farm is located in an incredibly beautiful and remote setting, adjoining both the George Washington and Monongahela National Forests. It is a 30-minute drive from Monterey, VA and is also nearby to West Virginia attractions such as the Green Bank observatory, Cass Scenic Railroad and Snowshoe Resort. The area is a haven for birders, mushroom and wild edible foragers, spelunkers, rock climbers, herbalists, mountain bikers, astronomers and any one looking for relaxation and inspiration. A calendar of local events and activities in this vibrant Appalachian region is available to all guests.

### Guest Access

Guests are invited to enjoy the magical vistas, spectacular sunrises and sunsets, outrageous night skies and rich flora and fauna display of Allegheny Mountain.

A semi-private bathroom shared with one other guest room is adjacent to the room. Beneath the guest rooms upstairs, guests have access to the Dining Hall, a common area, two more bathrooms and a large wrap around porch. Guests also have access to a small hospitality corner, including a small refrigerator, coffee maker and toaster oven. The kitchen is reserved for Fellow and Staff use.

### Guest Interaction

AMI Fellows and Staff will be in and out of the shared downstairs area of the Lodge for meals and wifi use during the day. The Lodge is reserved exclusively for guests between the hours of 9 PM - 7 AM (weekdays) and 9 PM - 10 AM (weekends). Evenings and weekends are Fellows' time off from the intensive learning and working experience of the Fellowship. We ask that guests respect the Fellows' time and space, and for understanding if the Fellows are not available to interact during these times. There will be a Fellow or Staff person available as a point-person for guest questions.

A self-serve continental breakfast featuring homemade staples is provided for all guests. Weekday guests are also invited to participate in family style lunch and dinner meals featuring produce grown at the farm with the Fellows at no additional charge.

Please let us know of any dietary preferences or allergies when booking your stay. A listing of area dining options in the area (about 30 minutes from the farm) is provided for all guests.

## **Education**

Guests may participate in select full-day workshops with the Fellows on Wednesdays for an additional fee. Workshops are taught by local and regional instructors who are experts in their fields and listings and sign-ups are available on the AMI website. A Farm Tour is also available for a small fee.

## **Getting around**

Cell phone service is limited in Highland County for some phone providers, especially past Monterey. GPS can be finicky in the area so we recommend downloading directions before leaving for the farm. Detailed directions will be provided for guests before their stay.

The farm is located in a remote mountain setting. There is a 2 mile gravel road leading to the farm which is steep and bumpy in places and a gate that must be opened. 4-wheel-drive is not necessary to get to the farm, but we encourage guests to exercise caution and drive slowly on the gravel roads.

## **Policies**

- Not safe or suitable for infants (under 2 years) and pets: Guest Lodging is accessed by stairs with no baby gate.
- No smoking, parties, or events
- Check-in time is 3 PM - 8 PM
- Check-out time by 11 AM.
- Quiet hours from 10 PM - 7 AM.
- Two night stay minimum
- No shoes in Lodge.

## **Other things to note:**

- Potential for noise - Staff and Fellows will be in and out of the Lodge to prepare meals, utilize wifi and perform their daily work.
- Must climb stairs - One flight of stairs accesses the main floor of Lodge, one flight accesses the bedrooms in the upstairs of lodge.
- Some spaces are shared - Common areas are shared. Two private bathrooms may be shared by other guests.
- Strict - Free cancellation for 48 hours. After that, cancel up to 7 days before check-in and get a 50% refund, minus the service fee.